



How we work & How you can help

1 Give Money



Donate

For every \$1 you give, we provide \$5 worth of food.
sfmfoodbank.org/donate



With your support we provide food directly to:

419 community partners like soup kitchens, shelters, churches, and community organizations.

253 weekly farmers market-style pantries in schools, supportive housing sites, and community centers.

Other programs like home-delivered groceries, serving seniors with low mobility bags of fresh groceries.

2 Give Food



Host a Food Drive

We deliver the barrel.
You organize a group to fill it.
Or host a drive online.

sfmfoodbank.org/food-fund-drives



Your donations help to round out our weekly distributions of fresh produce, staples, and protein.

3 Give Time



Volunteer

With shifts each day, everyone can lend a hand.

» **Evening shifts:** Tuesday, Wednesday, and Thursday.

» **Kids can help out** on the weekends.

sfmfoodbank.org/volunteer



Thanks to about 40,000 volunteers annually (the equivalent of about 70 full-time staff), we are able to provide over 28 million pounds of fresh fruits and vegetables every year.

Together, we can end hunger in San Francisco and Marin.



follow us @sfmfoodbank



Our Impact

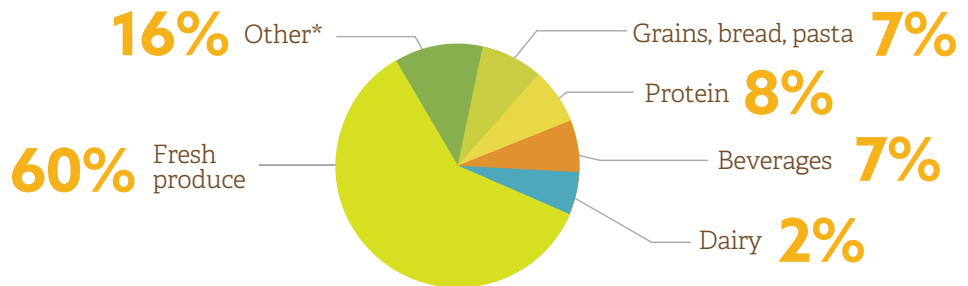
Transforming lives with food

1 in 4 residents in San Francisco and Marin is in need of food assistance. We provide nutritious, fresh food to **225,000 people** every year.



Healthy

We support the health and well-being of our participants with nutritious food.



*For example soups, snacks, and canned, frozen, and dried fruits and vegetables.



Innovative

We address hunger head on.

30,000

families receive fresh groceries at our weekly pantries

44,000

children every year receive food from our programs

28,000

seniors receive food every month, home-delivered, at our pantries, or through other programs



Committed

We raise our voice to fight for increased food access.

Only about **50%** of eligible residents participate in CalFresh (food stamps)



Last year we helped **2,144** households to apply for CalFresh



The result: **\$5,093,582** in estimated benefits to help families buy groceries

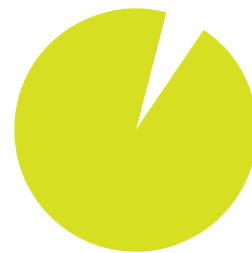


Accountable

As much as 96% of donated resources directly support our food programs.

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★★★★ rating on Charity Navigator



Together, we can end hunger in San Francisco and Marin.



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