



Code dates on products do not mean that food is unfit for consumption!
Please refer to these handy guidelines for code date extensions.

| Shelf-Stable Foods Extensions | | |
|--|--|-----------|
| Product | Storage Life Past Code Date | |
| Staples | | |
| Beans, Dried (pinto, red, black, etc) | 12 months | |
| Canned Goods Low Acid (meats, beans, corn, soup, etc.) | 5 years | |
| | High Acid (pineapple, tomatoes, pickles, etc.) | 18 months |
| Cereal (hot and cold varieties) | 12 months | |
| Coffee, (and Decaf) | Ground in Cans | 2 years |
| | Instant | 12 months |
| Egg Noodles, Dry | 2 years | |
| Flour | White | 12 months |
| | Whole Wheat | 1 month |
| Pasta, Dry (spaghetti, macaroni, penne, etc.) | 2 years | |
| Rice | Brown Rice | 12 months |
| | White or Wild | 2 years |
| Sugar | Brown, Raw | 4 months |
| | White, Granulated | 2 years |
| Beverages | | |
| Bottled Water (all varieties) | 12 months | |
| Capri Sun | 2 months | |
| Cocoa, Cocoa Mixes | indefinitely | |
| Crystal Light | 2 months | |
| IZZE Sparkling Beverage | 12 months | |
| Juice Boxes/shelf stable bottled juice | 6 months | |
| Powdered Drink Mix | 6 months | |
| Sodas | Diet (cans or bottles) | 3 months |
| | Regular (cans or bottles) | 9 months |
| Tetrapak: Soy Milk, Almond Milk, Rice Milk, or Coconut Milk | 1 month | |
| Condiments & Snacks | | |
| Beef Jerky | 12 months | |
| Chocolate Syrup | 2 years | |
| Condiments (bbq sauce, jam/jelly, ketchup, mayo, mustard, salsa, salad dressing, syrup, olive/vegetable oil) | 12 months | |
| Cookies, Packaged | 2 months | |
| Crackers (Saltines, Ritz, Triscuits, etc.) | 8 months | |
| Evaporated Milk | 12 months | |
| Extracts | 4-5 years | |
| Granola Bars (Nutrigrain, Nature Valley, etc.) | 12 months | |
| Microwave Popcorn | 18 months | |
| Peanut Butter | 9 months | |
| Popcorn (dry kernels) | 2 years | |
| Slim Jims | 18 months | |
| Spices | Fresh Spices | 5-7 days |
| | Ground or Dried Spices | 2-3 years |
| | Whole Spices | 3-4 years |
| Vegetable Oil Spray | 2 years | |
| Vinegar | 2 years | |

This information is to be used as a guide only. It was developed based on general knowledge, industry practices, and the understanding that best before dates are about sensory quality. All information taken from the Food Marketing Institute www.fightbac.org, EatByDate LLC www.eatbydate.com, Food Banks Canada www.foodbanksbc.com, and Feeding America "Donor Requirements & Restrictions"

Bakery Items

| Product | Shelf Storage Past Code Date | Refrigerator Storage Past Code Date | Freezer Storage Past Code Date |
|-----------------------|------------------------------|-------------------------------------|--------------------------------|
| Bagels | 1 day | 7 days | 2 months |
| Bread Sliced | 4 days | 14 days | 3 months |
| French, loaf, etc | 1 day | 14 days | 2 months |
| Cakes | 2 days | 7 days | 2 months |
| Chocolate (unfrosted) | 2 days | 7 days | 4 months |
| Pound cake | 4 days | 7 days | 6 months |
| Cookies | 3 weeks | 2 months | 10 months |
| Croissants | 1 day | 7 days | 2 months |
| Danish | 2 days | 7 days | 2 months |
| Muffins | 2 days | 7 days | 2 months |

Refrigerated Foods Extensions

| Product | Storage Life Past Code/Consume by Date |
|--|--|
| Beverages | |
| Juices | |
| High Acid juices, pasteurized (tomato, orange, grapefruit, etc.) | 7 days |
| Odwalla, Naked Juice (100% juice and smoothies) | consume by code date |
| Punches, juice blends | 14 days |
| Tetrapak: Soy Milk, Almond Milk, or Rice Milk | 7-10 days |
| Dairy Products | |
| Butter | 1-3 months |
| Cheeses Hard cheese (cheddar, swiss, etc.) | 6 months |
| Shredded Cheese (parmesan, mozzarella, etc.) | 1 month |
| Cottage Cheese | 21 days |
| Cream Cheese | 60 days |
| Dips (sour cream based) | 14 days |
| Eggs (whole) | 5 weeks |
| EggBeaters (egg substitute) | 60 days |
| Margarine | 1-3 months |
| Milk (all varieties) | 7 days |
| Sour Cream | 21 days |
| Whipping Cream/Aerosol Whipped Cream | 30 days |
| Yogurt | 10 days |
| Deli Products | |
| Fruit, cut | 1 day |
| Hot Dogs, Lunch Meats (bologna, Ham, etc.) | 1 day |
| Lunchables | 1 day |
| Pesto | 1 day |
| Salad (pre-made/kit) | 1 day |
| Salsa | 1 day |
| Sandwich (pre-made) | 1 day |
| Sushi | 1 day |
| Dough Products | |
| Cookie Dough | consume/freeze by code date |
| Pasta (fresh) | 2 days |
| Pie Crust (ready-to-bake) | consume/freeze by code date |
| Tube Cans (biscuits, rolls, pizza dough, etc.) | consume by code date |
| Soy Products | |
| Dips (soy/tofu based) | 7 days |
| Soy Milk | 7 days |
| Tofu (all varieties) | 21 days |