

Bakery Items			
Product	Shelf Storage Past Code Date	Refrigerator Storage Past Code Date	Freezer Storage Past Code Date
Bagels	1 day	7 days	6 months
Bread Sliced	4 days	14 days	6 months
French, loaf, etc	1 day	14 days	6 months
Cakes	2 days	7 days	2 months
Chocolate (unfrosted)	2 days	7 days	4 months
Pound cake	4 days	7 days	6 months
Cookies	3 weeks	2 months	10 months
Croissants	1 day	7 days	2 months
Danish	2 days	7 days	2 months
Muffins	2 days	7 days	2 months
Refrigerated Foods Extensions			
Product	Storage Life Past Code/Consume by Date		
Beverages			
Juices			
High Acid juices, pasteurized (tomato, orange, grapefruit, etc.)	7 days		
Odwalla, Naked Juice (100% juice and smoothies)	7 days		
Punches, juice blends	14 days		
Dairy Products			
Butter	1-3 months		
Cheeses Hard cheese (cheddar, swiss, etc.)	6 months		
Shredded Cheese (parmesan, mozzarella, etc.)	1 month		
Cottage Cheese	21 days		
Cream Cheese	60 days		
Dips (sour cream based)	14 days		
Eggs (whole)	5 weeks		
EggBeaters (egg substitute)	60 days		
Margarine	1-3 months		
Milk (dairy)	7 days		
Milk (non-dairy soy, rice, almond, coconut)	10 days		
Sour Cream	21 days		
Whipping Cream/Aerosol Whipped Cream	30 days		
Yogurt	10 days		
Ready to Eat Products			
Fruit, cut	1 day		
Hot Dogs, Lunch Meats (bologna, Ham, etc.)	1 day or up to 6 months if frozen		
Lunchables	7 days		
Pesto	1 day		
Salsa	1 day		
Salads/Sandwiches NOT from Mercado or Amazon Go	1 day		
Starbucks Mercado or Amazon Go Products	2 days		
Sushi	1 day		
Dough Products			
Cookie Dough	consume/freeze by code date		
Pasta (fresh)	2 days		
Pie Crust (ready-to-bake)	consume/freeze by code date		
Tube Cans (biscuits, rolls, pizza dough, etc.)	consume by code date		
Soy Products			
Dips (soy/tofu based)	7 days		
Soy Milk	7 days		
Tofu (all varieties)	21 days		



**Code dates on products do not mean that food is unfit for consumption!
Please refer to these handy guidelines for code date extensions.**

Shelf-Stable Foods Extensions	
Product	Storage Life Past Code Date
Staples	
Beans, Dried (pinto, red, black, etc)	12 months
Canned Goods Low Acid (meats, beans, corn, soup, etc.)	5 years
High Acid (pineapple, tomatoes, pickles, etc.)	18 months
Cereal (hot and cold varieties)	12 months
Coffee, (and Decaf) Ground in Cans	2 years
Instant	5 years
Egg Noodles, Dry	2 years
Flour White	12 months
Whole Wheat	1 month
Pasta, Dry (spaghetti, macaroni, penne, etc.)	2 years
Rice Brown Rice	12 months
White or Wild	2 years
Sugar Brown, Raw	4 months
White, Granulated	2 years
Beverages	
Bottled Water (all varieties)	12 months
Capri Sun	2 months
Cocoa, Cocoa Mixes	indefinitely
Crystal Light	2 months
IZZE Sparkling Beverage	12 months
Juice Boxes/shelf stable bottled juice	6 months
Powdered Drink Mix	6 months
Powdered (Dry) Milk	2 Years
Sodas Diet (cans or bottles)	3 months
Regular (cans or bottles)	9 months
Tetrapak: Milks, juices, broths	1 year
Condiments & Snacks	
Beef Jerky	12 months
Chocolate Syrup	2 years
Condiments (bbq sauce, jam/jelly, ketchup, mayo, mustard, salsa, salad dressing, syrup, olive/vegetable oil)	12 months
Cookies, Packaged	2 months
Crackers (Saltines, Ritz, Triscuits, etc.)	8 months
Evaporated Milk	12 months
Extracts	4-5 years
Granola Bars (Nutrigrain, Nature Valley, etc.)	12 months
Microwave Popcorn	18 months
Peanut Butter	9 months
Popcorn (dry kernels)	2 years
Slim Jims	18 months
Spices Fresh Spices	5-7 days
Ground or Dried Spices	2-3 years
Whole Spices	3-4 years
Vegetable Oil Spray	2 years
Vinegar	2 years

This information is to be used as a guide only. It was developed based on general knowledge, industry practices, and the understanding that best before dates are about sensory quality. All information taken from the Food Marketing Institute www.fightbac.org, EatByDate LLC www.eatbydate.com, Food Banks Canada www.foodbanksbc.com, and Feeding America "Donor Requirements & Restrictions"