



## WHAT IS IT?

Food From The Bar is an annual fundraiser benefiting the San Francisco-Marin Food Bank. The legal community participates in a friendly competition to raise funds and volunteer time to help eliminate hunger in our community. Over the years Food From The Bar has provided enough food for 21 million meals.

## SFMFB'S COVID-19 RESPONSE

- We are currently serving over 30,000 more households than before the pandemic.
- We anticipate that the need will grow exponentially as the unemployment numbers continue to rise.
- Compared to February, the traffic to our online Food Locator is almost eight times greater.
- Our CalFresh team in San Francisco is fielding nine to ten times more calls than before the pandemic. In Marin, we are looking at a doubling of calls

## FORTIFYING OUR PANTRY NETWORK

As a result of the mandatory “shelter in place” and school closure, about a third of our 275 pantries have temporarily closed. To address the service gap, we are working with the Counties and partners to launch a number of emergency pop-up pantries that are anywhere from 5–10 times the size of our average weekly pantry.

Now, more than ever, access to nutritious food is essential to keeping our community healthy, and we need the community's continued support to ensure we stay fully operational.

## WAYS TO HELP

**Share your team's fundraising page with supporters.**

Every \$1 donated provides 2 meals for neighbors in need.

### Sign up to volunteer:

**Volunteer at a Pop-up Pantry**

To support those who no longer have access to food, the Food Bank is opening a number of pop-up pantries.

<https://sfmfoodbank.org/community-volunteer-support>

**Volunteer in the Warehouse**

Shifts are offered at our warehouses in San Rafael and San Francisco. Currently we are packing senior boxes, building grocery bags for home delivery and sorting fresh produce.

<https://sfmfoodbank.org/volunteer/in-the-warehouse>

**Together, we can end hunger**



THE BAR ASSOCIATION OF  
SAN FRANCISCO



**MCBA**