



# Food *for* All

## *Additional Food Resources During the Holidays*

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### Get Food

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#### **FIND FREE FOOD & MEALS**

 [SFMFoodBank.org/find-food](https://SFMFoodBank.org/find-food)

The Find Food webpage will connect you to SFMFB's Food Locator, a tool used to help find food assistance in San Francisco and Marin, as well as to information about CalFresh, Supplemental Food for Seniors, and more food services such as prepared hot meals by other community organizations.

*Who is eligible?* Residents of San Francisco and Marin Counties

#### **FREE WEEKLY GROCERIES**

 211  [FoodLocator.SFMFoodBank.org](https://FoodLocator.SFMFoodBank.org)

We offer fresh, weekly groceries at many locations throughout San Francisco and Marin. Call to find a free food pantry near you. Please be prepared to bring your photo ID and a proof of address if the address on your ID is not current. Please note it may take up to 2-3 weeks for us to process your form and for you to receive your pantry card in the mail.

*Who is eligible?* Residents of San Francisco and Marin Counties.

#### **SUPPLEMENTAL FOOD FOR SENIORS**

 211  [FoodLocator.SFMFoodBank.org](https://FoodLocator.SFMFoodBank.org)

Low-income seniors may be eligible to receive a monthly box of quality, shelf-stable foods such as tuna, beans, peanut butter, and canned vegetables. Distribution sites are located within San Francisco and Marin.

*Who is eligible?* Seniors at least 60 years old with specific income guidelines; call to see if you are eligible.

### Access Resources

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#### **CALFRESH APPLICATION ASSISTANCE**

 SF: (415) 549-7021  Marin: (415) 767-5220

 [CalFresh.SFMFoodBank.org](https://CalFresh.SFMFoodBank.org)

CalFresh, formerly known as food stamps, is a nutrition assistance program for low-income families and individuals. Benefits are deposited monthly on an EBT card, which works like a debit card. The EBT card can be used to purchase food at grocery stores, small retailers, and even farmers' markets. Receiving CalFresh does not affect recipients' immigration status.

Call the phone number above today to find out if you might qualify for CalFresh! Food Bank staff is ready to assist you with the application process.

## Other Community Resources

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### UNITED WAY BAY AREA

☎ 211 📄 [211bayarea.org](https://211bayarea.org)

211 is a toll-free, multi-lingual phone service hotline that helps connect people to food, housing, employment assistance, and other resources. They can provide up-to-date information about food programs in San Francisco and Marin.

*Who is eligible?* Residents of San Francisco and Marin Counties.

### SAN FRANCISCO MEAL PROGRAMS

☎ 211 📄 [Freeprintshop.org/download/eats\\_english.pdf](https://Freeprintshop.org/download/eats_english.pdf)

Organizations in San Francisco that offer free hot meals throughout the week are listed on the Free Eats Chart which is updated every quarter. Meal sites are located at various locations within San Francisco.

*Who is eligible?* Open to everyone although some sites may serve specific populations. See chart on webpage for more info.

### MARIN MEAL PROGRAMS

☎ (415) 457-4636 📄 [Marinhhs.org/resources/Food](https://Marinhhs.org/resources/Food)

Organizations in Marin County that offer free hot meals throughout the week and additional food resources are listed on the online Community Resource Guide for Food. Meal sites are located at various locations within Marin County.

*Who is eligible?* Open to everyone although some sites may serve specific populations. See webpage for more info.

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